

Box Lunch or Salad

Box Lunch 1 \$14.75

Your choice of Sandwich & fresh cookie

Box Lunch 2 \$15.95

Your choice of Sandwich, chips & fresh cookie

Box Lunch 3 \$16.95

Your choice of Sandwich, mixed greens, chips & fresh cookie

Salad Lunch

Artisan Chopped Salad \$14.25

Romaine , roasted chicken, maple bacon, cherry tomato, egg & blue cheese

Thai Salad \$12.95

Mixed greens, basil, cilantro, red cabbage, roasted sesame tofu, sunflower seeds & lime squeeze

Artisan Bowl \$14.25

Mixed greens, wild rice, toasted almonds, jicama raisins, maple roasted squash & roasted chicken

Fish Taco Salad \$14.75

Mixed greens, wild rice, fresh salmon, jicama red cabbage cilantro, pumpkin seeds &. tortilla strip

Artisan Sandwiches

Fried buttermilk chicken

With chipotle coleslaw on a French roll

Chicken Phylly

Sautee of onions, jelepeno, & cheddar cheese on a French roll

Roasted tri tip

Caper mayonaise & balsamic onions on sourdough roll

Roasted Turkey

Cranberry aioli, lettuce, tomato, cucumber & onion on a multigrain bread

"BLAT" Bacon, lettuce, tomato & avocado-
with chipotle aioli on a thick Brioche Bread

Grilled Portabella

With roasted peppers & feta cheese
On a ciabatta roll

Fresh Mozzarella

With buffalo mozzarella, roma tomato & pesto
On a ciabatta roll

Fresh crab sandwich

with lettuce, chipotle, tomato & onion on a butter brioche bun
(add \$3.00 to box lunch)